Margoth Abrego was born in the town of San Martín, in the department of San Salvador, El Salvador on October 7, 1959. She began her journey into the arts from a very young age at the local public elementary school, "Jorge Lardé." During her regular classes, the artist recalls, she would draw flowers and landscapes on the margins of the pages in her notebooks. She also took classes in crochet, an art form that she has practiced since the age of 12 and continues today. Cooking classes were her favorite and to this day she practices the art of Salvadoran cooking in her family life.

The painter, Jorge Marmol, also from the town of San Martín, is Margoth Abrego's cousin. He has been the biggest influence on her work. She learned from him to use brilliant, warm colors and she often paints San Martín's public plaza and well.

Margoth Abrego arrived in Los Angeles, California, USA in 1980 to settle permanently with her husband, Douglas Abrego, and her two eldest daughters, Leisy and Claudia. Two more children, Tatiana and Natalie, were born in the United States. She taught herself to paint in her mid 40s and has not stopped since. Her work has been shown in the Galería Siqueiros, Casa 0101, and multiple times in the Salvadoran Consulate in Los Angeles.

When we ask Margoth, "how do you see your art?" she responds with much enthusiasm, "my paintings are love for flowers, colors, and for women because God gave me four daughters whom I love, and for the beauty of nature which is perfect."